The whole problem of inner and outer arises from man's mistaken idea of himself who, though actually not divided, has, for the sake of study, divided himself and, in his ignorance, left himself divided.

In reality, man is one but seeing, due to this error, only part of himself at one time, it causes the illusion of two or several states.

Mind and body are each other's aspects, extensions, or demonstrations. Beheld by the intelligent eye, they would be seen as one. But for this to be proven, a preparation is needed not for skill in evaluating objective phenomena but rather in subjective cognition for which we have evolved no really convincing system of verification although it is very thing that the transfer confirmation.

In the meantime, teaching the objective and subjective aspects as divided entities to the matter. And not only it is a poor way of teaching but it is basically unreasoning.

The correct way of information about himself and his environments bound be to demonstrate that he is one with the convenience on eption, made for the purpose of self-study, that he is divided into outer and inner being. Fundamentally, however, it is an illusion which extens because he cannot see the reality of sides as aspects of the same whole.

In the servoom, one begins with the simple and elementary proposition of the fact of a cell and the analysis of the same into cytological its simplest components. From there, one goes into still simpler parts of inorganic existence such as gases, liquids, and minerals